

Do you know...

all of the benefits of buying your food locally?

It supports the local economy - Buying locallyproduced food products helps support small local businesses as well as the local farmers who provide them for sale:

It provides you with fresher, healthier foods

- Buying local means foods make it to your home faster and are, therefore, fresher and more nutritious because as food ages, it loses vitamins and minerals;

It's environmentally friendly - Local foods require less packaging and travel shorter distances, saving on waste and pollution; and

It creates access to the people who grow your food - Buying local food allows you to build a personal relationship with the person who has been with your food from the beginning so you know where it came from.

Visit a local farm stand!

Many area farms have their own farm stands, with fresh, locally grown produce. A listing of local farm stands and other agritourism opportunities can be found at www.waynecountytourism.com/agritourism.asp





Wayne County Community Farmers' Markets

Clyde Farmers' Market

Village Park • May – October Thursdays from 4:00pm – 8:00pm

Lyons Farmers' Market

Lyons Village Park / Church Street • June – October Saturdays from 7:30am - 11:00am

Macedon Farmers' Market

Macedon Town Hall • July - October Wednesdays from 4:00pm - 7:00pm

Newark Farmers' Market

Central Park - Church Street • June - October Thursdays from 2:30pm to 6:00pm

Palmyra Farmers' Market
Village Park on East Main Street (Route 31) • May to November
Tuesdays from 3:00pm – 7:00pm

Sodus Farmers' MarketParking lot of United Third Methodist Church (Belden Ave) June - October Wednesdays from 2:30pm to 6:00pm

Contact Assemblyman Oaks

10 Leach Road • Lyons, NY 14489 • (315) 946-5166 • oaksr@assembly.state.ny.us 448 Legislative Office Building • Albany, NY 12248 • (518) 455-5655